

# Checklist for Central Line Dressing

Steps	S/U/ND Validator Initials	Comments
Wash your hands for 20 seconds with soap and warm water, or use hand sanitizer.		
Put masks on patient, caregiver, and nurse.		
Put non-sterile gloves on.		
Remove and dispose of the used dressing.		
Examine the site for redness, swelling, tenderness, or drainage. If you see any, inform the medical provider.		
Remove and dispose of the non-sterile gloves.		
Wash your hands again.		
Open the sterile dressing kit and put on your sterile gloves using sterile technique.		
Scrub the central line insertion site with a chlorhexidine skin prep for 60 seconds, starting closest to the insertion site and moving in a circular approach away from the insertion site. Let the site dry completely. Do not fan or blow on the site.		
If you are using a chlorhexidine-containing sponge, place the sponge on the site. Make sure the printed side is up and the slit is facing down. If you are not using a chlorhexidine-containing sponge, use a chlorhexidine-containing dressing.		
Put on the new dressing from the sterile dressing kit.		
Remove the tape from the outside of the dressing.		
Write the date and time on the dressing or on the sticker.		
Dispose of the used supplies.		
Wash your hands.		

***S: Satisfactory      U: Unsatisfactory      ND: Not done***

## Reference

1. Baumgarten K, Hale Y, Messonnier M, McCabe M, Albright M, Bergeron E. Bridging the Gap: A Collaborative to Reduce Peripherally Inserted Central Catheter Infections in the Home Care Environment. Ochsner J. 2013;13(3):352 LP- 358. <http://www.ochsnerjournal.org/content/13/3/352.abstract>